

Final Eligibility Committee List
(for moves during March 2023)



First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
Rebecca	Foster	Senior	Spirit Of Monmouth	Monross Trailblazers	East Wales	09/03/2023
Emily	Harrison	Senior	Spirit Of Monmouth	Monross Trailblazers	East Wales	09/03/2023
Adrian	Orringe	Senior	Pont-Y-Pwl & District Runners	Griffithstown Harriers	East Wales	07/03/2023
Iestyn	Rhodes	Senior	Micky Morris Racing Team	Pont-Y-Pwl & District Runners	East Wales	12/03/2023
Carl	Urquhart	Senior	Pont-Y-Pwl & District Runners	Lliswerry Runners	East Wales	29/03/2023
Joel	Gomes	Senior	Wrexham AAC	Run Free Fell Runners	North Wales	25/03/2023
ISOBEL	GUNN	U20	Wrexham AAC	Deeside AAC	North Wales	07/03/2023
Elwyn	Sharps	Senior	Betsi Runaways	GOG Triathlon Club	North Wales	09/03/2023
Colette	Abel	Senior	Chepstow Harriers	CDF Runners	South Wales	09/03/2023
Kay	Bedford	Senior	Merthyr Running Club	Merthyr Triathlon Club	South Wales	05/03/2023
Elen	Blackmore	U13	Cardiff Athletics	Cardiff Archers	South Wales	01/04/2023
Nicky	Collin	Senior	Lliswerry Runners	Pontypridd Roadents AC	South Wales	23/03/2023
Brian	Cotton	Senior	Bridgend Athletics	Ogmore Phoenix Runners	South Wales	20/03/2023
Kay	Cottrell	Senior	Run Free Fell Runners	Clwb Run Wales	South Wales	16/03/2023
Nicola	Davies	Senior	White Rock Runners	Clwb Run Wales	South Wales	05/03/2023
Martyn	Driscoll	Senior	Mynyddwyr De Cymru	Les Croupiers	South Wales	09/03/2023
Luke	Earnshaw	Senior	Eryri Harriers	Welsh Schools And Universities	South Wales	09/03/2023
Lynne	Evans	Senior	Women Running Penarth	Penarth & Dinas Runners	South Wales	28/03/2023
Darren	Grande	Senior	Merthyr Running Club	Merthyr Triathlon Club	South Wales	17/03/2023
Helen	Griffiths	Senior	Merthyr Running Club	Merthyr Triathlon Club	South Wales	21/03/2023
Christopher	Handley	Senior	Merthyr Running Club	Merthyr Triathlon Club	South Wales	02/03/2023
Ryan	Hartley	Senior	Pontyclun Road Runners	Pontypridd Roadents AC	South Wales	07/03/2023
Danielle	James	Senior	Cornelly Striders AC	Brackla Harriers	South Wales	22/03/2023
Joseph	James	U17	Cardiff Athletics	Cardiff Archers	South Wales	01/03/2023
Clare	Jones	Senior	Women Running Penarth	Penarth & Dinas Runners	South Wales	28/03/2023
Alan	Jordon	Senior	Griffithstown Harriers	Clwb Run Wales	South Wales	01/04/2023
Caroline	Lewis	Senior	Merthyr Running Club	Merthyr Triathlon Club	South Wales	03/03/2023
Mali	MacDuff	U17	Cardiff Archers	Bridgend Athletics	South Wales	23/03/2023
Garin	Meredith	Senior	Neath Harriers	Aberdare Valley AAC	South Wales	01/03/2023
Paula	Morgan	Senior	Merthyr Running Club	Merthyr Triathlon Club	South Wales	30/03/2023
Tracey	Newman	Senior	Les Croupiers	Clwb Run Wales	South Wales	30/03/2023
Sarah	Pope	Senior	Women Running Penarth	Penarth & Dinas Runners	South Wales	28/03/2023
Oscar	Powell	U15	Pontyclun Athletics Club	Cardiff Athletics	South Wales	14/03/2023
Joseph	Price	Senior	Merthyr Running Club	Merthyr Triathlon Club	South Wales	17/03/2023
Ian	Southwell	Senior	Penarth & Dinas Runners	Les Croupiers	South Wales	30/03/2023
Peter	Stevens	Senior	Merthyr Running Club	Merthyr Triathlon Club	South Wales	05/03/2023
Geraldine	Tucker	Senior	Clwb Run Wales	Brackla Harriers	South Wales	16/03/2023
George	Watkins	Senior	Les Croupiers	CDF Runners	South Wales	22/03/2023

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Phoebe	Brown	Senior	Blaenau Gwent Athletics	Swansea Harriers	West Wales	29/03/2023
Dafydd	Jones	U20	Carmarthen & District Harriers	Swansea Harriers	West Wales	29/03/2023
Megan	Symons	Senior	Tri Hard Harriers	Neath Harriers	West Wales	25/03/2023
Florence	Taylor	Senior	Tri Hard Harriers	Swansea Harriers	West Wales	03/03/2023